







Are you unsure of how to improve your situation?

If the answer is yes and yes, contact our friendly support team in Portsmouth today.

A Family Worker can meet with you and your family in an agreed community location to understand what changes you would like to make.

Once we have made a family plan your Family Worker will agree with you how often it would be helpful to meet and what kinds of support would be most useful for you and your other family members.



Flexible times available



02392 294573 (Hub Number) 07584 563004 (Direct)



family.support@ssj.org.uk



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